

Older People Pharmacy Network

Medicines optimisation for older people with disabilities

Tuesday 8th November 2016 at NCVO, Regent's Wharf, London N1

Programme

09:00	Registration and coffee	
9.30	Welcome and Introduction to the day	Lelly Oboh <i>Consultant Pharmacist, Care of older people, NHS Specialist Pharmacy Services</i>
9.45	Therapeutic update: managing pain in older people	Roger Knaggs <i>Associate Professor in Clinical Pharmacy Practice and Advanced Pharmacy Practitioner, University of Nottingham and Nottingham University Hospitals NHS Trust</i>
10.30	The pain toolkit: application to older people – a case study	Emma Davies <i>Advanced Pharmacy Practitioner in Pain Management, Abertawe Bro Morgannwg University Health Board (Wales)</i>
11.00	Q&A session	Speakers
11.15	<i>Break: Tea and coffee</i>	
11.30	What is Frailty? identification and management	Colin Mitchell <i>Consultant Physician and Geriatrician, St. Mary's Hospital, London</i>
12.15	Table discussion- How does frailty link with medicines?	All
12.30	Frailty, polypharmacy and medicines optimisation: A patient centred approach	Lelly Oboh and Nina Barnett <i>Consultant Pharmacists, Care of older people, NHS Specialist Pharmacy Services</i>
13:00	<i>Lunch and networking (A sandwich lunch will be provided)</i>	
13.45	Best practice examples <ul style="list-style-type: none"> • Acute setting • Care homes • Domiciliary care • Community pharmacy 	Riddhika Joshi , <i>Care of Older People and stroke pharmacist</i> Devinder Kalsi , <i>Lead Pharmacist, Integrated Medicines Management Service</i> <i>Northwick Park Hospital, NWLH NHS Trust</i> Steve Barrett <i>Senior Clinical Pharmacist, North Tyneside General Hospital</i> Jean Day <i>Medicines Optimisation Pharmacy Technician, Guys and St Thomas' NHS Trust</i> Sarah Alton <i>Head of Medicines Management, Sheffield Teaching Hospitals NHS Trust</i>
14:30	Q&A session	
14.45	<i>Break: Tea, coffee and networking</i>	
15:00	From theory to practice: Actions for ALL pharmacy teams	Facilitators
15.45	Summary	Lelly Oboh
16:00	Close	

Overall Aim

This learning event aims to provide the best available evidence and practice guidance to improve outcomes and optimise medicines use in these common but challenging conditions. The first part of the day covers current therapeutic research evidence for managing pain in older people and how we manage particular challenges including pain assessment, adverse drug effects, non-adherence and self-management. The second part of the day will focus on frailty as a syndrome, its impact on managing polypharmacy and then showcase best practice for optimising medicines in frailty across care settings

Objectives:

At the end of the study day participants will be able to

- ❖ Summarise the current evidence on the therapeutic management of pain in older people
- ❖ Overcome key challenges and barriers to optimising pain management in older people
- ❖ Describe frailty, it's identification and management
- ❖ Describe the impact of frailty on managing polypharmacy
- ❖ Identify strategies and best practice that can be applied at practitioner and service levels to optimise patient outcomes from taking medicines in various settings
- ❖ Describe how pharmacy can lead medicines optimisation within multidisciplinary and integrated teams for frail older people in various care settings

Target Audience

- All pharmacy team members (Pharmacists and Pharmacy technicians) working with older people in Care homes, GP practices, CCG, Community pharmacy, Hospital and Community Health services (CHS)
- NHS pharmacy professionals involved in commissioning medicines related care for older people

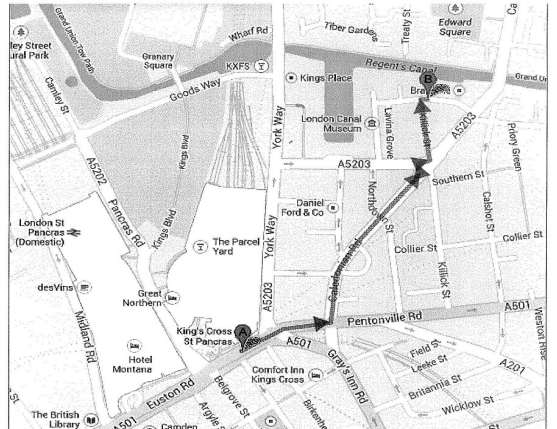
Course Organisers

Medicines Use & Safety Division, NHS Specialist Pharmacy Service:
Lelly Oboh, Consultant Pharmacist, Older People

For further information on the program contact Lelly Oboh at Lelly.oboh@nhs.net

This meeting has been designed to provide 5 hours of postgraduate education as part of continuing professional development

Venue: National Council for Voluntary Organisations, Regent's Wharf, 8 All Saints Street, London, N1 9RL.
Tel: 020 7520 2404

<p>Transport to NCVO Tube: Piccadilly, Circle, Victoria, Hammersmith and City, Northern and Metropolitan lines all pass through King's Cross Station.</p> <p>NCVO is approximately 10 minutes walk from King's Cross Station.</p> <p>Please note that the map is a simplified representation and is not to scale</p>	
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OPNet programme final 3rd Nov 2015