

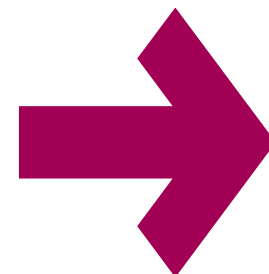
# H&J Medicines Optimisation

Update and plans  
for 2017/18



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Feb 2017 (v1)



# Medicines Optimisation ?

*“The right patients get the right choice of medicine at the right time .... it focuses on outcomes and patients.....”*



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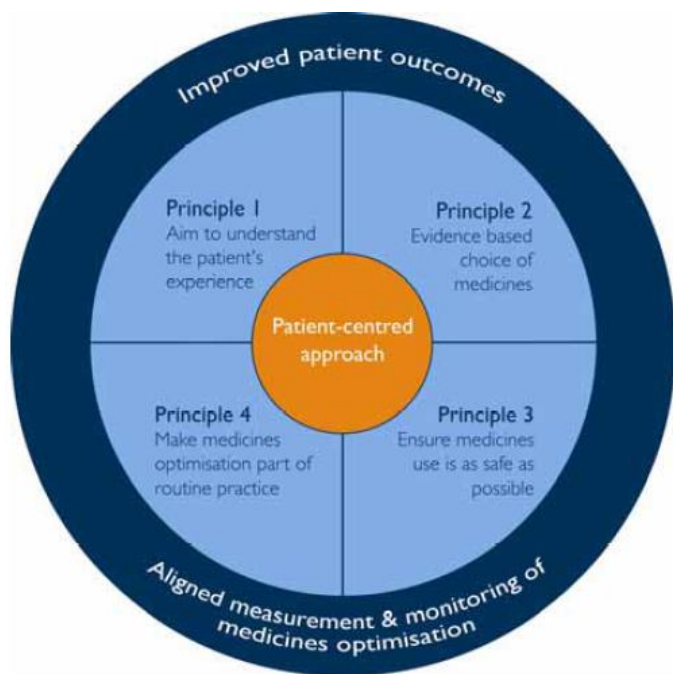
Medicines Optimisation: Helping patients to make the most of medicines

NICE National Institute for Health and Care Excellence

NICE guideline

Medicines optimisation: the safe and effective use of medicines to enable the best possible outcomes

NICE guideline  
Published: 4 March 2015  
[nice.org.uk/guidance/ng5](http://nice.org.uk/guidance/ng5)



## Four Principles

- Aim to understand the patients experience
- Evidence based choice
- Ensure medicines use is as safe as possible
- Make medicines optimisation part of routine practice

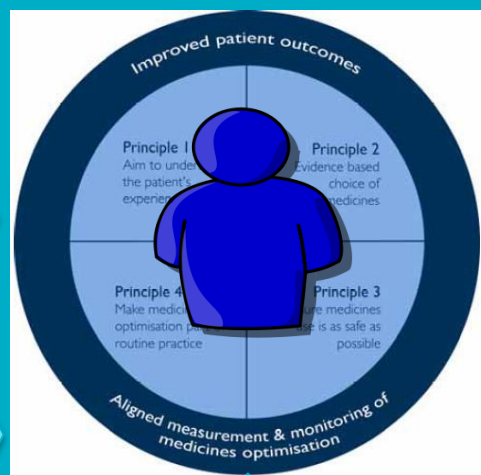
Seven elements overall!

# Medicines Optimisation- Wider Context

NHS England: Right Care Programme: Commissioning Quality and Value  
Sustainability and Transformation Plans: Place based commissioning

Carter report:  
 Minimising variation  
 and effective  
 pharmacy functions  
 and workforce

Clinical Priorities:  
 Mental health  
 Urgent care  
 Antimicrobials  
 ↑ Clinical Pharmacy



NHS Medicines  
 Optimisation &  
 value  
 programmes

NHS Strategic  
 H&J Priorities,  
 HJIPs + NICE

Commissioning:  
 National Specs and  
 medicines standards  
 High cost drugs

# What we currently commission

<p><b>Prisons</b></p> <ul style="list-style-type: none"> <li>• 118 in England</li> <li>• Population of 85,000 and rising</li> <li>• A few hundred to 1500 in each prison</li> <li>• Average length of stay- approx 12 months; Range days to forever</li> <li>• 100,000 receptions each year;</li> </ul>	<p><b>Immigration Removal Centres</b></p> <ul style="list-style-type: none"> <li>• 10 in England</li> <li>• Population of 3,600</li> </ul>
<p><b>Public health in secure and detained settings</b></p> <ul style="list-style-type: none"> <li>• Public health of all prisons, children &amp; young people secure estate and Immigration Removal Centres</li> <li>• Includes substance misuse</li> </ul>	<p><b>Children and young people secure estate</b></p> <ul style="list-style-type: none"> <li>• 14 Secure Children Homes (welfare and youth justice)</li> <li>• 3 Secure Training Centres</li> <li>• 4 Under 18 Young Offender Institutions</li> <li>• Population 1,100 -1,200 occupancy beds</li> </ul>

# Multiple complex needs among people in secure environments

(Including HIV/AIDS, BBVs, TB & other respiratory infections, and STIs) & poorer vaccine coverage;

**High Prevalence of Infectious Diseases**

(Including epilepsy, asthma, coronary heart disease, musculo-skeletal problems); poorer access to treatment and care

**High Prevalence of Chronic illnesses**

**Poor Mental Health/Learning Disabilities**

49% have an identifiable mental health problem (including depression/anxiety & psychosis); 47% have no qualifications

**Poly-Substance Misuse**

Higher rates of substance abuse (including drugs, alcohol and tobacco smoking)

**Homelessness, joblessness, poor education.**

24% of those in prison have been in care as a child. High rate of homeless and insecure accommodation.



# How about MO in Health and Justice

## Residential Custody



**Access**  
**Safety**  
**Continuity of Care**

Internal transfer



# The H&J context and drivers

## Health needs of our population and offender care pathways

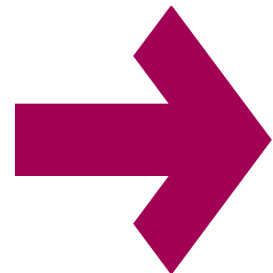
- Partnership agreements: HMPPS, YJB and HO
- 2017/18 commissioning intentions for H&J and national service specs
- HJIPs and HJIS
- Health and Justice CRG programmes
- Prison reform and transformation

## Strategic Public Health programmes where medicines are in pathways:

- BBV-opt out and access to Hep C treatment
- Smoke free prisons- nicotine replacement therapy and prescribed medicines
- Seasonal and Pandemic flu planning
- Revision of national guidance- RPS standards, Orange Book and NICE guidelines (CDs, physical and mental health in prisons)

## National reports/publications:

- HMIP thematic reviews and revised expectations
- PPO thematic reviews and individual case reports of DiC
- Shaw report (IRCs)
- Mental Health Task Force and Harris Review




# 2016/17 Headlines




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## Professional Standards for optimising medicines for people in secure environments

Prisons, Young Offender Institutions and Secure Training Centres (Edition 2)  
England  
February 2017



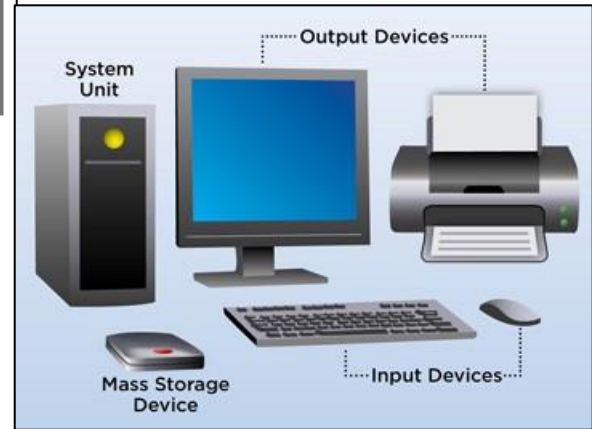
NICE National Institute for Health and Care Excellence




NICE guideline

## Physical health of people in prison


NICE guideline  
Published: 2 November 2016  
[nice.org.uk/guidance/ni](http://nice.org.uk/guidance/ni)



Specialist Pharmacy Service



Specialist Pharmacy Service



**Espranor (buprenorphine oral lyophilisate) 2mg and 8mg**

Considerations for opioid substitution therapy use in community settings and secure environments

Key messages

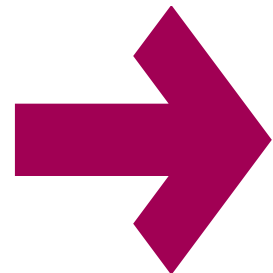
## Pain Management Formulary for Prisons:

## Implementation Resources - Examples from Practice



# 2016/17 Headlines: Raising the Profile

- **Continued mainstreaming H&J MO by:**
  - Partnership working across HMPPS, HO, PHE & RPS
  - Collaboration with CQC, HMIP, Specialised Commissioning; DH e.g. FMD
  - Inclusion with NHS England Chief Pharmaceutical Officer and senior pharmacy leaders
  - Strong clinical networks- RCGP, Pharmacy SEGs and Nurse forums
  - H&J NPC Associates (more info in a mo')
- **Collaborative leadership:**
  - National H&J Pharmacy Advisory Group



## Safer Prescribing

- Light touch update of pain formulary + prescribing data analysis
- Revised RCGP Safer prescribing in prison
- High cost drug bulletin
- NRT within smoke free sites
- Substance misuse specification and new guidance

## Improving professional standards

- Audit tool for new RPS H&J guidance
- IRC pharmacy service survey and IP implementation
- Service spec updates
- Pharmacy workforce survey (as part of CRG work)

## Continuity of medicines

- Embedding of medicines of medicines reconciliation in H&J
- Improvement in access to medicines in transit when people are transferred into or out of H&J
- Improvements in supply of medicines or supply of FP10 prescriptions on release

## Mental health medicines- NHS MH Strategy- H&J

- Publication of the briefing “Safer use of mental health medicines” Q1 2017/18
- Completion of a national audit of omitted doses of mental health medicines using IT-based reporting.
- Updated medicines elements in NHS England H&J mental health service specifications

## Influencing legislative changes

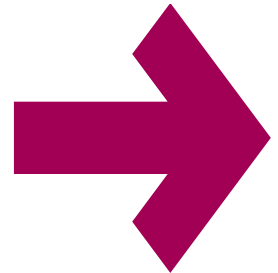
- Scheduling of gabapentin and pregabalin
- Revision of HO CD Safer Custody regulations
- Revision of DH Controlled Drug (Supervision of Management and Use) Regulations 2006
- Falsified Medicines Directive

## HJIS Medicines Programme

- Roll out of IP, Meds Rec and other clinical templates
- Medicines HJIPs: New for 2017/18- drafts sent out
- EPS for FP10 and internal prescription
- Improved functionality and issue resolution

# Progress Reporting

- Quarterly reports to H&J CRG and then to commissioners and networks
- National Pharmacy Advisory Group to support programme delivery
- Additional reporting to other groups as needed (HJOG; prison health board, IRC and PH7a Assurance Groups, SEPG etc).



# Questions

- Do the programmes resonate with your knowledge of our priorities?
- Are there additional elements that need to be included in the individual 6 programmes?
- Any questions about any of the programmes mentioned?
- How do we engage with meds rec implementation strategically?