

Palliative and End of Life Care in Sussex

Janki Patel – Lead Pharmacist, ESHT

Lisa O'Hara – Nurse Consultant in PEoLC, SCFT

Jen Scott-Green - End of Life Care Lead South East Coast Ambulance Service NHS Foundation Trust

Dr Rachel Melsom, PEoLC Transformation Lead, Sussex

Why the need to move to a pan-Sussex MIC approach?

- Multiple providers of PEoLC in community/primary care setting in Sussex
- Multiple different PEoLC charts and processes used in Sussex
- Staff unfamiliar with how to use various PEoLC charts
- Inconsistent implementation, with some services coming up with individual/local solutions instead of working in partnership
- Limited/variable governance across providers to support their use
- Unclear roles and responsibilities causing concern for some professionals
- Lack of clear systems in place that support shared use of documents
- Healthcare professionals using valuable clinical time to deal with problems related to PEoLC charts and processes
- Poses risks to patient care both in terms of safety and quality

This ICS Medicines
Optimisation
Programme Board
report was submitted to
the Sussex PEoLC
Oversight Programme
Group for their
inaugural meeting in
September 2022:

Report to:	Sussex Palliative and End of Life Care (PEoLC)
	Programme Oversight Group
Meeting date:	12 September 2022
Report Title:	Sussex Medication Authorisation and
	Administration Record Charts (or PEoLC charts)
	used for symptom control in PEoLC patients in the
	community/Primary Care setting.
Key question:	How can Sussex PEoLC Programme Oversight Group
	enable and prioritise the development and
	implementation of Sussex PEoLC charts for use in the
	Primary Care/community setting with supporting
	governance that all providers can use?
Sponsor:	ICS Medicines Optimisation Programme Board

Challenges of developing and implementing pan-Sussex PEoLC charts and governance

- Need organisational 'buy-in' across Sussex with engagement from commissioners and providers (clinicians, pharmacy, digital)
- Time and resource
- Digital:
 - Sussex PEoLC charts should be on all systems (ideally with drop down menus) - should include GP surgeries (SystmOne, EMIS etc), acute trusts, community providers, OOH, hospices, SECAmb)
 - Need a simple and clear process for prescribers to complete medication instruction charts and for these charts to be received safely and in a timely way by community nurses

The Pan-Sussex Palliative Care Medication Instruction Chart (MIC) for Adults

- The Medication Instruction Chart (MIC) is **not** a prescription used to obtain medicines from a community pharmacy
- The MIC can be authorised by prescribers from different providers
- The MIC allows trained clinicians to administer the medicines and doses on the chart to the patient
- If completed correctly, the MIC helps to promptly treat any anticipated symptoms at the end of life
- The MIC is left in the patient's home as a paper-copy, so visible to all providers

NHS Sussex (ICS)
PEoLC Task and
Finish Group:
Standardisation of
Medicines
Management

- Workstream 1: Overarching group
 - SOP and Policy
 - One-page EoLC Prescribing Guidance
 - Updated Opioid Conversion Chart
- Workstream 2:
 - PRN + CSCI Administration Chart
 - Controlled Drug Stock Sheet
- Workstream 3:
 - Ensuring pan-Sussex availability of required PEoLC medications and processes for obtaining them
- Workstream 4:
 - Digitalisation and electronic safe sharing policy and procedure

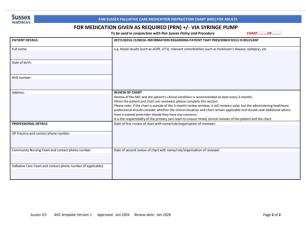
Development Process

- 4-week pilot scheme
- 6-week stakeholder engagement period
- All feedback collated, and changes made to 7 documents as appropriate
- One-page prescribing guidance and opioid conversion chart to Area Prescribing Committee for formal approval
- Each provider took the suite of 7 documents through their individual ratification process for approval
- On successful ratification by all go live

End of Life Care Medication Instruction Chart

- Use of the new Pan Sussex Medication Instruction Chart and supporting documentation:
- PAN SUSSEX PALLIATIVE CARE MEDICATION INSTRUCTION CHART (MIC) FOR ADULTS
- Palliative and end of life care | Prescribing resources NHS Sussex
- SOP-Quick-Reference-Guide-for-Primary-Care-re-Pan-Sussex-Palliative-Care-MIC-070824.pdf
- Templates for SystmOne and EMIS Demonstration by Ardens colleagues





MICs: Options for sharing charts to SCFT

Longstanding options for sharing

- Physical chart with physical (wet) signature
- Sent from prescriber's personal nhs.net address
- the name of the prescriber on the chart must match that on the sender's email
- should have a cc email (of prescriber's choice- does not need to be practice's generic email) in case of queries

New options for sharing since April 2023

- Sent via AccuMail from SystmOne GP
- Sent via AccuMail from EMIS GP
- Informed via task in SystmOne from SystmOne GP

Digital plan

- Workstream 4: developing and optimising template design of the digital MIC for use in primary and non-primary care
- Development Ardens templates for SystmOne and EMIS
- Key aims: Confine MIC to 2 pages; clear and user friendly (self-populates; drop down menus for key meds for each symptom); allow completed MIC to be sent to clinician for administration of meds more easily
- Each organisation was responsible for their own training, using a framework of training and shared resources for use
- Issues identified

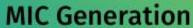
Pan Sussex Medication Instruction Chart (MIC) Audit





Pan Sussex Chart

92% of the pan-Sussex MICs audited were valid charts



64%
MICs were written by a
member of a
community team



Signature

87%
Of MICs had a prescriber signature, and 13% had a verifier signature

Old Charts

35%
Of old charts in the folder were not struck through



Review

71 % of charts over 6 months old had not had a review at all

Why its important for Ambulance Paramedics

- Cross border consistency
- Familiarisation
- Medicines safety and human factors
- Understanding scope of practice



Pan-Sussex Palliative and End of Life Care Medication Instruction Chart and supporting documentation

Dr Simone Ali

Medical Director & Consultant in Palliative Medicine

Martlets Hospice, Hove, East Sussex

Chair of the Pan Sussex PEoLC Medication Instruction Chart Task and Finish Group