

Polypharmacy resources

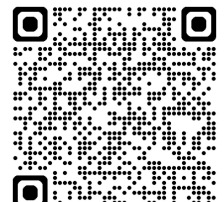
Explainer videos

A video series aiming to demystify and offer practical tips on person-centred structured medication reviews (SMRs), to tackle inappropriate polypharmacy.



Podcasts

We discuss “5 moments” when community pharmacy teams have the opportunity to spot and engage in meaningful conversations with patients and carers about problematic polypharmacy or overprescribing.



Articles

We explore the causes, consequences and tools to support pharmacy professionals in managing polypharmacy, overprescribing and deprescribing in practice.



Case based discussions

Recordings of case based discussions about structured medication reviews in problematic polypharmacy, each focussing on a different condition.



SPS medicines advice service

NHS healthcare professionals can contact us for expert clinical medicines advice

When you contact us, be ready to provide your:

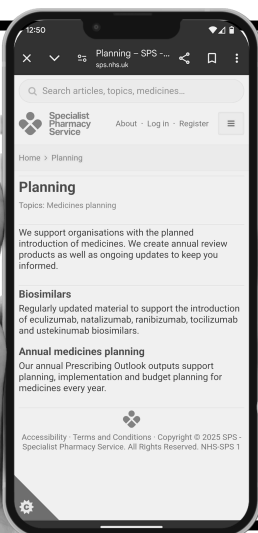
- full name & place of work
- question, including the background
- preferred answer route
- urgency of your request



0300 770 8564



askspnhs@sps.direct



www.sps.nhs.uk

The first stop for professional medicines advice

